

Bethesda House Expectations/Rules

READ CAREFULLY AND INITIAL ON EACH LINE PROVIDED.

Within the first 5 days upon entering the Bethesda (BH) Program you will:

- Meet with the House Manager for program orientation.
- Meet with House Manager to receive room and chore assignments.
- Meet with assigned Case Manager to develop an individual case plan to be followed by you.
- Attend and participate in all classes, studies and meetings required by BH, Drug Court, and/or Probation/ Parole.
- Check in with Probation/Parole (if applicable).

Financial Expectations:

- Guests are to pay \$300 per month non-refundable Program Fees; BH Director may approve a \$100 weekly fee.
- First month's program fees are due when Guest enters BH Program, Move-in Day.
- Program fees are due each month on or before the date of Guest's Move-in Day.
- Late payment will result in a termination letter and Guest's potential termination from the BH Program (Guest's occupancy is contingent upon his enrollment in the BH Program).

Program Expectations:

- Guest agrees to work/follow a case plan to free his life from addiction and to better his life.
- Guest agrees to abide by in-house days and/or curfews set in his case plan.
- Emergency schedule deviations requires immediate communication with House Manager and Director approval.
- Guest agrees to attend and participate in all required in-house meetings, classes and Bible studies.
- Guest is highly encouraged to obtain a personal mentor and to attend church regularly.
- Guest will provide BH Staff with and comply with all terms issued by Probation/Parole Officer or Drug Court.
- Guest will use NO alcohol or illegal, narcotic or mind-altering drug while on or off BH premises.
- Guest will only use over-the-counter medications on the Medication Use for Drug Court list.
- Guest agrees to take random or requested UA tests; any denied test will be considered "dirty."
- Guest agrees to allow BH Staff to do random searches of personal property on BH premises.
- Guest agrees to whatever consequence deemed necessary by BH Director for violation of BH rules/policies.

General Expectations:

- BH premises is open for visits and searches by probation/parole/law enforcement officers at all times.
- No smoking is allowed in the house and is only allowed in designated area on premises.
- First week in-house stay, 6 PM curfew next 2 weeks, 9 PM thereafter, unless changed by case plan or Director.
- Guests will be awake, dressed and downstairs by 8 AM, unless case plan or Director says differently.
- Guests will be in their own rooms and quiet by 10:30 PM, unless case plan or Director says differently.
- Guests will complete chores assigned by House Manager on time and with a good attitude.
- Guests must be on time for work, classes, studies and meetings.
- Guests must practice good hygiene.
- Guest living space is to be tidy: beds made, clothes in dressers or hung up, and no personal items lying out.
- Rides need to be approved by Guest's PO, House Manager, Case Manager and/or Director.
- Guests will sign out, include expected return time, and sign in on BH Accountability Board or Book.
- Guests must be employed, or actively searching for employment, unless excused by Director.
- Guests expect to share a room with a roommate.
- Guests will be responsible for their own transportation, medical needs, and food (except food provided by BH).
- Only water is allowed upstairs and in bedrooms (NO other food or drink).
- Guests may not bring appliances, furniture, candles, excessive property or pets to the premises.
- BH-covered house supplies (laundry soap, dish soap, toilet paper, etc.) will be issued to the house once a week.
- Guest may have one vehicle registered to him (in good working order) and will display a street parking pass.

Behavioral Expectations:

- ___ Guests are expected to maintain a positive attitude and properly resolve all conflicts.
- ___ Guests will be respectful, kind and considerate to all BH Staff, Guests and community partners.
- ___ Physical violence or threatening the same will result in a 911 call and/or immediate discharge from BH.
- ___ Theft will result in a law enforcement call and/or immediate discharge from BH premises.
- ___ Guests will not use foul and abusive language.
- ___ Guests will focus on working their BH Program and on maintaining their sobriety.
- ___ Guests are to complete all assignments given to them by BH staff.
- ___ Guests will strive to eat meals together and encourage a supportive community as much as possible at BH.
- ___ All common areas on BH premises are to be treated with respect, cleanliness and a sharing attitude.
- ___ Guests will gracefully honor other Guests' limitations, allergies and personal privacy.
- ___ Guests are not allowed to borrow money and are discouraged from borrowing anything from other Guests.
- ___ No visitors will be allowed in the BH house or on BH premises without **prior** Executive Director approval.
- ___ Guest should always protect his sobriety by informing BH Staff of concerns (may be done anonymously).

I, _____ (printed name), on this _____ day of _____, 20____ agree to abide with each and every requirement and rule* of the Bethesda House Program, with occupancy at Bethesda Safe & Sober House being contingent upon Guest being enrolled in the Bethesda House Program.

If I am accepted into the Bethesda Safe & Sober Program and move in, I agree to hold harmless Freedom House, Inc.; Bethesda Safe & Sober Program; the property owners; and any and all Service Providers/Contractors against any and all claims, demands, suits or loss.

Signature

*** Freedom House, Inc. and the Bethesda Safe & Sober Program reserves the right to change or update rules at any time. Guests will be given a copy of the changed or updated rules.**

Once your application has been received, it will be processed as soon as possible. You will be contacted for an interview or notified if denial of your application makes an interview unnecessary. Following an interview, those accepted will receive instructions for "Move-in Day." Thank you for choosing the Bethesda Safe & Sober Program. We look forward to meeting you soon!