

Bethesda House Expectations / Rules

READ CAREFULLY AND INITIAL ON EACH LINE PROVIDED.

Within the first 5 days upon entering the Bethesda (BH) Program you will:

- ___ Meet with the House Manager for program orientation.
- ___ Meet with the House Manager to receive a room and chore assignment.
- ___ Meet with your assigned Case Manager to develop an individual case plan to be followed by you.
- ___ Attend and participate in all classes, studies and meetings required by BH, Drug Court, and/or Probation/ Parole.
- ___ Check in with probation/parole (if applicable).

Financial Expectation:

- ___ Guests are to pay \$600 per month non-refundable program fees: BH Case Manager may approve a \$150 weekly payment.
- ___ First month's program fees are due when Guest enters the BH Program, move-in day.
- ___ Program Fees are due each month on or before the date of Guests move-in day.
- ___ Late payment will result in a termination letter and Guests potential termination from the BH Program. (Guest's occupancy is contingent upon enrollment in the BH Program)

Program Expectations:

- ___ Guest agrees to work/ follow a case plan to free his life from addiction and to better his life.
- ___ Guest agrees to abide by in-house days and/or curfews set in his case plan.
- ___ Emergency schedule deviations require immediate communication with the House Manager and Case Manager approval.
- ___ Guest agrees to attend and participate in all required in-house meetings, classes and Bible studies.
- ___ Guest is highly encouraged to obtain a personal mentor and attend church regularly.
- ___ Guests will provide BH Staff with and comply with all terms issued by Probation/Parole Officer or Drug Court.
- ___ Guests will use NO alcohol or illegal, narcotic, or mind-altering drug while on or off BH premises.
- ___ Guests will only use over-the-counter medications on the Medication Use for Drug Court list.
- ___ Guest agrees to take random or requested UA tests; any denied tests would be considered "dirty".
- ___ Guest agrees to allow BH Staff to do random searches of personal property on BH premises.
- ___ Any alcohol, illegal narcotics, mind-altering drugs, or paraphernalia found in the house or on the BH property will result in a termination letter.
- ___ Sexual intimate relationships between guests are not allowed.
- ___ Guest agrees to whatever consequence deemed necessary by BH Case manager/House manager for violation of BH rules/policies.

General Expectations:

- ___ BH premises is open for visits and searches by probation/parole/law enforcement officers at all times.
- ___ No smoking is allowed in the house and is only allowed in a designated area on premises.
- ___ First week in-house is "Blackout" then 9PM curfew thereafter, unless changed by the Case Manager.
- ___ Guests will be awake and downstairs for daily bread at 8:30 AM unless working or given approval from BH staff.
- ___ Guests will be in their rooms and quiet by 10:30PM.
- ___ Guests will complete chores assigned by the House Manager on time and with a good attitude.
- ___ Guests must be on time for work, classes, studies and meetings.
- ___ Guests must practice good hygiene.
- ___ Guests living space must be tidy: beds made, clothes in dressers/hung up, no personal items lying out.
- ___ Guest's rides must be approved by guest's PO, House Manager, and Case Manager.
- ___ Guests will sign out, include expected return time, and sign in on BH accountability books.
- ___ Guests must be employed or actively searching for employment, unless excused by the Case Manager.
- ___ Guests expect to share a room with a roommate.
- ___ Guests will be responsible for their own transportation, medical needs, and food (except food provided by BH).
- ___ Only water is allowed upstairs. NO other food or drink.
- ___ Guests may not bring appliances, furniture, candles, excessive property or pets to the premises.
- ___ BH-covered house supplies: laundry soap, dish soap, toilet paper, etc.
- ___ Guests may have one vehicle with proof of registration, valid insurance, and valid driver's license.

Behavioral Expectations:

- ___ Guests are expected to maintain a positive attitude and properly resolve all conflicts.
- ___ Guests will be respectful, kind and considerate to all BH Staff, Guests, Volunteers and Community Partners.
- ___ Physical violence or threatening physical violence will result in a 911 call and/or immediate discharge from BH.
- ___ Theft will result in a law enforcement call and/or immediate discharge from BH premises.
- ___ Guests will not use foul or abusive language.
- ___ Guests will focus on their BH Program and on maintaining their sobriety.
- ___ Guests are to complete all assignments given to them by BH staff.
- ___ Guests will strive to eat meals together and encourage a supportive community as much as possible at BH.
- ___ All common areas on BH premises will be treated with respect, cleanliness, and a sharing attitude.
- ___ Guests will gracefully honor other Guests' limitations, allergies and personal privacy.
- ___ Guests are not allowed to borrow money and are discouraged from borrowing anything from other Guests.
- ___ No visitors are allowed in or on the BH premises without prior approval from the Case Manager or House Manager.
- ___ Guests should always protect his sobriety by informing BH Staff of concerns. (May be done anonymously.)

I, _____ (printed name), on this _____ day of _____, 20____ agree to abide by each and every requirement and rule of the Bethesda Program, with the occupancy at Bethesda Safe & Sober House being contingent upon Guests being enrolled in the Bethesda Program.

If I am accepted into the Bethesda Safe & Sober Program and move in, I agree to hold harmless Freedom House Inc., Bethesda Safe & Sober Program, the property owners, and any and all Service Providers/Contractors against any and all claims, demands, suits, or loss.

SIGNATURE