



Bethesda Men's House Expectations and Rules

READ CAREFULLY AND INITIAL ON EACH LINE PROVIDED.

WITHIN THE FIRST 5 DAYS UPON ENTERING THE BETHESDA HOUSE (BH) PROGRAM YOU WILL:

- _____ Meet with the House Manager for program orientation.
- _____ Meet with the House Manager to receive a room and chore assignments.
- _____ Meet with your assigned Case Manager to develop an individual case plan to be followed by you.
- _____ Attend and participate in all classes, studies and meetings required by BH, Drug Court, and/or Probation/Parole.
- _____ Check in with Probation/Parole (if applicable).

FINANCIAL EXPECTATIONS:

- _____ Guests are to pay \$600 per month of non-refundable program fees: BH Program Director may approve a \$150 weekly payment.
- _____ \$600 entry fee is due when Guest enters the BH Program, on move-in day.
- _____ Program fees are due each month on or before the first of the month.
- _____ Late payment will result in a termination letter and Guest's potential termination from the BH Program. (Guest's occupancy is contingent upon enrollment in the BH Program).

PROGRAM EXPECTATIONS:

- _____ Guest agrees to work/follow a case plan to free his life from addiction and to better his life.
- _____ Guest agrees to abide by in-house days and/or curfews set in his case plan.
- _____ Emergency schedule deviations require immediate communication with the House Manager and Case Manager approval.
- _____ Guest agrees to attend and participate in all required in-house meetings, classes and Bible studies.
- _____ Guests are required to obtain a personal mentor.
- _____ Guests are required to attend church regularly.
- _____ Guests will provide BH Staff with and comply with all terms issued by Probation/Parole Officer or Drug Court.
- _____ Guest will use NO alcohol or illegal, narcotic, or mind-altering drug while on or off BH premises.
- _____ Guests will only use over-the-counter medications on the Medication Use for Drug Court list.
- _____ Guest agrees to take random or requested UA tests; any denied tests would be considered "dirty".
- _____ Guest agrees to allow BH Staff to do random searches of personal property on BH premises.
- _____ Any alcohol, illegal narcotics, mind-altering drugs or paraphernalia found in the house or on the BH property will result in a termination letter.
- _____ Sexually intimate relationships between guests are not allowed.
- _____ Guest agrees to whatever consequences deemed necessary by BH Program Director/House Manager for violation of BH rules/policies.

GENERAL EXPECTATIONS:

- _____ BH premises is open for visits and searches by probation/parole/law enforcement officers at all times.
- _____ No smoking or vaping is allowed in the house and is only allowed in a designated area on premises.
- _____ First week in-house is "Blackout" then 9PM curfew thereafter, unless changed by the Program Director.
- _____ Guests will be awake by 8:00AM and ready for devotional by 8:30AM unless working or given approval from BH staff.
- _____ Guests will be in their rooms and quiet by 10:30PM.
- _____ Guests will complete chores as assigned by the House Manager on time and with a good attitude.



GENERAL EXPECTATIONS (continued):

- _____ Guests must be on time for work, classes, studies and meetings.
- _____ Guests must practice good hygiene.
- _____ Guest's living space must be tidy: beds made, clothes in dressers/hung up, no personal items lying out.
- _____ Guest's rides must be approved by guest's PO, House Manager and Program Director.
- _____ Guests will sign out, include expected return time, and sign in on BH accountability books.
- _____ Guests must be employed or actively searching for employment, unless excused by the Program Director.
- _____ No employment allowed on Sundays.
- _____ Guests expect to share a room with at least one roommate.
- _____ Guests will be responsible for their own transportation, medical needs, and food (except food provided by BH).
- _____ Only water is allowed in bedrooms. NO other food or drink.
- _____ Guests may not bring appliances, furniture, candles, excessive property or pets to the premises.
- _____ BH-covered house supplies: laundry soap, dish soap, toilet paper, etc.
- _____ Guests may have one vehicle with proof of registration, valid insurance, and valid drivers license.

BEHAVIORAL EXPECTATIONS:

- _____ Guests are expected to maintain a positive attitude and properly resolve all conflicts.
- _____ Guests will be respectful, kind and considerate to all BH Staff, Guests, Volunteers and Community Partners.
- _____ Physical violence or threatening physical violence will result in a 911 call and/or immediate discharge from BH.
- _____ Theft will result in a law enforcement call and/or immediate discharge from BH premises.
- _____ Guests will not use foul or abusive language.
- _____ Guests will focus on their BH Program and on maintaining their sobriety.
- _____ Guests are to complete all assignments given to them by BH Staff.
- _____ Guests will strive to eat meals together and encourage a supportive community as much as possible at BH.
- _____ All common areas on BH premises will be treated with respect, cleanliness, and a sharing attitude.
- _____ Guests will gracefully honor other Guests' limitations, allergies and personal privacy.
- _____ Guests are not allowed to borrow money and are discouraged from borrowing anything from other Guests.
- _____ No visitors are allowed on the BH premises without prior approval from the Program Director or House Manager.
- _____ Fraternalizing with women who live at the Sweet Magnolia House is not allowed.
- _____ Guest should always protect his sobriety by informing BH Staff of concerns (May be done anonymously).

I, _____(printed name), on this _____ day of _____(month), 20__ agree to abide by each and every requirement and rule of the Bethesda Program, with the occupancy at Bethesda Safe & Sober House being contingent upon Guests being enrolled in the Bethesda Program.

If I am accepted into the Bethesda Safe & Sober Program and move in, I agree to hold harmless Freedom House Inc., Bethesda Safe & Sober Program, the property owners, and any and all Service Providers/Contractors against any and all claims, demands, suits or loss.

Signature